



Our 2008 Pet of the Year Runner-Up comes clean about getting dirty with sex in the midst of a menstrual cycle.
By Justine Joli

The first time I had sex on my period, I was definitely turned off by the experience. My then-boyfriend and I were having sex, and when we finished, he said, "I think you started your period." I realized he was right. He was unfazed and just said we should take a shower and change the sheets, but I wasn't into it. That led to my decision to make my period Blowjob Week during my relationships.

When I was younger, in my early twenties, a lot of my partners made me feel really gross about my period. And it doesn't help that my hormones are all over the place during that time of the month. But I've never thought having sex with another woman when

she was on her period was gross or weird or odd. I did a scene with a girl once when she was menstruating, and I accidentally broke her menstrual cup. The blood trickled out of her, sliding down my hand and over her thighs, and it was all swirled together with her come. It looked like a work of art. It was the prettiest thing I'd ever seen. I know you're probably thinking, *Oh, my God, I might vomit*, but it was really hot.

There isn't anything I won't do with a woman I'm dating if she's on her period. I'll go down on her; I'll have sex with toys; I'll use my hands. If she's into it, then I'm totally down for full-contact sex. And I'm not going to put a dental dam on her, either. For the most part, the bleeding is internal. It's only when a girl climaxes that it starts to come out, and even then it's not much. If it were supermessy I might not drink it all, but if not, who fuckin'

cares? We've all tasted blood at one time or another. (I should probably note here that anyone I'm willing to do this with has been tested for HIV and other STIs, and I've seen the results. Let's get that out on the fuckin' table.)

As much as I love having sex with women when they're on their period, though, it wasn't until I met my husband that I started to feel comfortable having sex during mine. He's the only partner I've been with so far who really digs it.

We talked about it beforehand. I told him I wasn't into period sex, and he said, "Oh, no. If you're on your period, I'm still having sex with you. It's just more lube for me, and as long as I'm having sex, it's all good." The first time we went for it, it was kind of

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fucked-up, but in a good way. And not only did we have sex in the bed, but when we went to shower, we fucked in there, too. It made me feel incredibly sexy, even though that's usually such a gross time for me.

The last time we had sex on my period was a few weeks ago. I'd just found a woman online to come home with us, and all I could think in the days leading up to our threesome was, *Don't get your period*. She came over, and we had the first round of sex, which was superawesome ... until I started my period as she was finger-banging me. I thought, *This is so fucked-up!* I'd never met this girl before; it was our first sexual encounter. I had to get my period in the middle of my first three-way in a year? It was so not sexy for me. Thank God my husband was banging her at the time. I figured he could give her a killer orgasm, and then I'd fuck her and give her another orgasm, and then we could go to my show. Because, oh, yeah, I was performing with my improv group that night.

After my husband finished fucking her, she looked at me and said, "I don't care that you're on your period, give me your fuckin' pussy!" I was the only one who thought it was awkward. She pulled my pussy right onto her face and ate me out while my husband and I worked together to give her another orgasm.

Round two was better. When we came back from my show, I douched with water to clean things up a bit, and she and I ended up fisting each other and making out. She was totally into it, and she didn't leave until three in the morning. She didn't feel weird about it, either. She just thanked me for a good time and said we should do it again.

The next day, when my period was really getting going, my husband and I fucked, just the two of us. He started by making out with me on the couch and whispering dirty things about how the girl from the night before had felt on his cock when he'd railed her, and that was enough for me. I dragged him to the bedroom and put down a towel, and we just went at it. I was so turned-on and into what we were doing that I didn't think about my period at all. Now I think period sex is hot even when I'm the one bleeding. ☪

Tips for Making Sex During Her Cycle Happen

Try an alternative: A lot of girls will gladly drop to their knees and give you head during their menstrual cycle. If she's into anal, you can go in through the backdoor.

Keep it clean: Shower sex keeps things as clean as you can get, allowing both of you to enjoy the moment without worrying about the mess.

Keep it safe: The risk of STIs increases when she's on the rag, so be extra safe. You might think you can't knock her up during her period, but trust us, that's not a chance you should take.

Block the flow: Menstrual cups and contraceptive sponges will stop her flow temporarily. Both are available over the counter at major drugstores and online retailers.

Slow the flow: To minimize the amount of menstrual fluid you're dealing with, your date can use a warm-water douche. The water will rinse away the heaviest blood without causing irritation.

Protect the furniture: Put down heavy, dark-colored towels before you engage. Things are going to get messy, and you don't want to stain the sheets, mattress, or other bedding. Rinse towels in cold water afterward, before you wash them. When it comes to blood, hot water yields stains.

Don't look down: This is just better for both of you. Or make this a time for sex in the dark. ☪